



# Ankylosing Spondylitis Victoria Inc Annual Report 2023

## ***Our Purpose***

Ankylosing Spondylitis Victoria Inc peer support group is an organisation of people who wish to improve knowledge of AS and the ability to manage the condition. Our group embraces the goals and objectives of people and families living with Ankylosing Spondylitis.

## ***Our Mission***

1. Provide a forum for the exchange of information ,ideas and experiences .
2. Distribute information to patients and healthcare professionals on Ankylosing Spondylitis.
3. Provide information to the public about the condition, it's symptoms and management options through our website
4. Provide and co-ordinate educational information , events, seminars/webinars on Ankylosing Spondylitis .
5. Co-ordinate and interact with local, interstate and international Arthritis and peer support groups including participation in their events and activities .
6. Arrange social events and activities, for our group members family and friends.

*Webinars*



## **Contents**

**Page 2** Presidents Report and Treasurers Report

**Page 3** Committee Declaration

**Page 4** Financial Statement

**Page 5** Social Lunch July 2022

**Page 6** Your Committee and our supporters

## Presidents' Report for 2023

Welcome to the 2023 annual report.

AS & AxSpA sessions online have been well attended by members and newly diagnosed.

Annual social meet up at the Rosstown Hotel in Carnegie was enjoyed by new and current members.

In July ,Rasul Family (AS member/volunteer) and I presented AS patient lived experience "I am not my condition" talks at Monash University for GP first year students.

Dee Lynch (Bendigo Area Committee Member) collaborates with Young Women's Arthritis Support Group attending coffee and chat sessions.

We continue our involvement in MSK community research via membership of ANZMUSC Musculoskeletal Clinical Trials Network Consumer Advisory Group, participating in scientific meetings and projects throughout the year.

Our Treasurer Paul Fallon has retired from the committee. We thank Paul for his commitment and contribution over the past 8 years. Paul has also been active as a volunteer in our patient Lived experience talks for medical students at Monash University.

Your Committee would like to acknowledge the service Vicky Genius has provided as Secretary, Treasurer and Member co-ordinator over the past 12 years. We also acknowledge the outstanding service Adam Collard has provided as committee member and Gippsland co-ordinator over the past 17 years.

Our support and promotion of ASIF continued 2022/23, they have published new online simple informative fact sheets and information booklets for patients with AS.

Your team of volunteers and committee members have been very active and I would personally like to thank them sincerely for their efforts. We also thank our members and associates for their ongoing support.



**Annie McPherson . President 15/07/2023**

*Research:  
Patient advocacy*



## Treasurers Report 2023

Thank you to Paul Fallon for being our Treasurer since 2016, enjoy your retirement – well done!

AS Victoria holds \$16,563 total assets at 30 June 2023, comprising \$8,868 in cash at Bank, \$7,676 in term deposits and \$19 at PayPal. Our assets rose by \$2,245 over the year due to a Donation arranged by the Estate of Craig White.

We have 63 registered members, 23 are complimentary being Health Professionals , Volunteers and former Committee members. Our Facebook followers now number 1029.

We look forward to another successful year for 2023-24.



**Vicky Genius Secretary / Treasurer 13/07/2023**

**SCHEDULE 1**

(Regulation 15)

**FORM 1**

**Associations Incorporation Act 1981**  
Sections 94(2)(b), 97(2)(b) and 100(2)(b)

**ANNUAL STATEMENTS GIVE TRUE AND FAIR VIEW OF FINANCIAL POSITION OF INCORPORATED ASSOCIATION**

We, Vicky Genius, and Adam Collard being members of the Committee of the Ankylosing Spondylitis Victoria Inc, certify that —

The statements attached to this certificate, give a true and fair view of the financial position of the Ankylosing Spondylitis Victoria Inc during and at the end of the financial year of the association ending on 30th June 2023

Signed: ...

Vicky Genius

Dated: 13/07/2023

Signed:



Social Events



| <b>AS Victoria Inc Financial Statements</b> | <b>2023 Year</b> | <b>2022 Year</b> |
|---|------------------|------------------|
| ACCOUNT Balance (previous year)             | \$14,318         | \$14,094         |
|   |                  |                  |
| <b><u>Add Income</u></b>                    |                  |                  |
| Membership fees                             | \$20             | \$10             |
| Donations From Membership                   | \$245            | \$115            |
| Donations from Events                       | \$2,627          | \$845            |
| Grants & Other DHHS                         | \$0              | \$0              |
| Seminar Income                              | \$0              | \$0              |
| Interest                                    | \$16             | \$16             |
| DVD Sales                                   | \$0              | \$0              |
| <b>Total</b>                                | <b>\$2,908</b>   | <b>\$986</b>     |
|   |                  |                  |
| <b><u>Less Expenditure</u></b>              |                  |                  |
| Postage                                     | \$0              | \$0              |
| Printing                                    | \$0              | \$28             |
| Ink Cartridges                              | \$0              | \$0              |
| Stationery                                  | \$0              | \$0              |
| PO Box / Web Site                           | \$570            | \$402            |
| Meeting Costs                               | \$0              | \$0              |
| Meeting Costs/Catering                      | \$0              | \$0              |
| Subscriptions                               | \$0              | \$231            |
| Gifts                                       | \$0              | \$0              |
| DVD/Booklet Purchases                       | \$0              | \$0              |
| Miscellaneous                               | \$94             | \$100            |
| <b>Total</b>                                | <b>\$663</b>     | <b>\$762</b>     |
|   |                  |                  |
| <b><u>BALANCE AT BANK</u></b>               | <b>\$16,563</b>  | <b>\$14,318</b>  |
|   |                  |                  |
| <b><u>Bank Reconciliation</u></b>           |                  |                  |
| Cash at bank                                | \$8,868          | \$6,639          |
| Term Deposits                               | \$7,676          | \$7,660          |
| PayPal                                      | \$19             | \$19             |
| Unprocessed payments                        | \$0              | \$0              |
| <b><u>BALANCE AS ABOVE</u></b>              | <b>\$16,563</b>  | <b>\$14,318</b>  |

*Coffee and Chat meetings  
joining with YWASG*



*Promotion of Warm Water Exercise*





**Xmas in July Lunch Rosstown Hotel Carnegie From bottom LHS  
Vicky, Charlotte, Annie , Paul and Prashanath**

**1 in 3**   
People have some form of musculoskeletal condition.  
According to the Australian Government | Department of Health and Aged Care

  
**NATIONAL ARTHRITIS AND BACK PAIN+ HELP LINE**  
Open Weekdays  
9AM - 5PM  
**1800 263 265**

**MSK Australia  
Helpful Articles**

**Online Lectures  
and webinars**

**Peer Support  
Group Host.**

**Supporter of  
Research**



**Musculoskeletal Australia**

## Committee Members of AS Victoria Inc 30 June 2022 -

### **Adam Collard (Gippsland Region Representative)**

- Member from 2006 , lives in Korumburra
- Facility Superintendent
- SGASG convener and Community representative

### **Annie McPherson (President)**

- AS Victoria Inc Co-Founder and member from 2005, lives in Kew
- Retired IT- Business Analyst
- Patient advocate and representative

### **Dionne Lynch (North Central Region Representative)**

- Member from 2014, lives in Bendigo
- Local Government employee
- Community volunteer

### **Maria Makris**

- Founding member from 2005, lives in Doncaster East
- Secondary Teacher –retired

### **Shayne van der Heide (Vice President)**

- Member from 2015, lives in Boronia
- Tertiary Educator/ Manager
- SES & St John Ambulance Volunteer

### **Vicky Genius (Secretary/Treasurer)**

- Member from 2011, lives in Northcote
- Retired Finance employee
- Community Volunteer



*Peer Support Meetings*

## **AS Victoria Inc has support from and interaction with many organisations and individuals these are our main connections.**

- ARA – Rheumatology Health Professional Special Interest Group
- Ankylosing Spondylitis Group of Queensland
- Arthritis Australia
- Austin Health Spondylitis Clinic - Dr Lionel Schachna (Rheumatologist)
- Australia New & Zealand Musculoskeletal Clinical Trials Network (ANZMUSC)
- Caulfield Community Health Services (CCHS) - Belinda Coulter (Physiotherapist)
- Creaky Joints Australia (CJA)
- Chronic Illness Alliance (CIA)
- Collective of Self Help Groups
- Donegan's Accountants
- Health Issues Centre
- Janssen-Cilag Pty Ltd.
- MBE Printing Services Kew
- Musculoskeletal Australia
- Young Womens Arthritis Support Group (YWASG)



*Practical training for medical students*

### **International Bodies**

- Axial Spondyloarthritis International Federation (ASIF)
- National Ankylosing Spondylitis Society (NASS) UK
- Spondylitis Association of America (SAA) USA

**Ankylosing Spondylitis Victoria Inc**  
**PO Box 361**  
**Kew Vic 3101**  
**ABN 66 915 454 826**  
**[www.asvictoria.org](http://www.asvictoria.org)**  
**[asvicweb@gmail.com](mailto:asvicweb@gmail.com)**  
**[www.facebook.com/asgroupvic](http://www.facebook.com/asgroupvic)**

