

Ankylosing Spondylitis Victoria Inc Annual Report 2016

Our Purpose

Ankylosing Spondylitis Victoria Inc peer support group is an organisation of people who wish to improve knowledge of AS and the ability to manage the condition. Our group embraces the goals and objectives of people and families living with Ankylosing Spondylitis.

Our Mission

1. Provide a forum for the exchange of information ,ideas and experiences .
2. Distribute information to patients and medical professionals on Ankylosing Spondylitis.
3. Provide information to the public about the condition, it's symptoms and treatment options through our website
4. Provide and co-ordinate educational information , events, workshops and seminars on Ankylosing Spondylitis .
5. Co-ordinate and interact with local, interstate and international Arthritis and peer support groups including participation in their events and activities .
6. Arrange social events and activities, for our group members family and friends.

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Annual Seminar



Presidents' Report for 2016

I am pleased to present the 12th Annual Report of Ankylosing Spondylitis Victoria Incorporated.

We continue our coffee and chat meetings for new members, existing members, family and friends. A special thank you to Adam Collard who initiated and continues these meetings for Leongatha and Korumburra in partnership with the South Gippsland Arthritis Support Group (SGASG).

This year we were part of the South Gippsland Arthritis Support Group Seminar at the Korumburra Recreation Centre. Speakers included a pharmacist, occupational therapist, physiotherapist, rheumatology educator and rheumatologist. The event attracted 85 people, some travelled for more than an hour to be there.

Our AS Information Seminar at Austin Health, October 2015, was held in conjunction with the Austin Rheumatology Department's Spondylitis Clinic and supported by Dr. Lionel Schachna. Our guest speaker Professor Peter Ebeling AO, endocrinologist spoke on the association between osteoporosis in an AS patient and treatment options. Simon von Saldern, Manager Finance and Administration, Move, muscle bone and joint health (formerly A&O Victoria) led the evening's event. Belinda Coulter, physiotherapist from Caulfield Community Health Service (CCHS) led a stretch break. Dr. Lionel Schachna conducted a Q&A session on all things AS, fielding a number of questions from the audience.

In August 2015 and during March 2016, AS Victoria members volunteered to staff the Information Stand at the Spondylitis Clinic in the Tobruk Centre at Austin Health, Heidelberg. The volunteers found it a very interesting experience talking with patients, staff, visitors, carers about living with a chronic condition and fielding their queries on managing AS.

Our social events in Fitzroy, Berwick and Carnegie continue to be popular, where partners and family join in the conversation about living with AS.

The Caulfield Community Medical Centre, Physiotherapy Department's AS Education and Exercise program was very well attended in October 2015 with several of our members participating. Belinda Coulter, Physiotherapist and program leader has seen participants' continue to improve their mobility and flexibility following the course.

ASstretch, continues to inform the AS community of our activities, contributes to research and conveys articles from Arthritis based peak bodies. Our web site (www.asvictoria.org) and facebook page (www.facebook.com/asgroupvic) have been promoting all things AS, including events, activities, Q & A. Our team publishes newsletters and posts for everyone. Our facebook page has had 33 interactions per day, double that of 2015. We collaborate with Young Women's Arthritis Support Group (YWASG) and Mornington Arthritis Support Group, sharing on social media and promoting group activities.

Our affiliation with Arthritis & Osteoporosis Inc. continues following their rebranding as Move, muscle, bone and joint health Ltd, the new name reflects the organisation's refocus and nationwide expansion.

AS Victoria Inc instigated Move's involvement in Curlewis golf day, June 2016, which raised \$1800 for the Juvenile Idiopathic Arthritis family support day

Congratulations to Shayne van der Heide and Mike McKenzie for their Move "Outstanding Achievement" awards in recognition of their remarkable efforts of cycling from Victoria to Darwin to promote awareness of AS and raise funds for research.

Presidents Report continued...

As part of my (Arthritis) ambassador role I was invited to speak with medical students at Melbourne University, Medical School and LaTrobe University's School of Physiotherapy. During July, 2015 a number of AS volunteers joined me at Monash University. Ellen, Paul, Adam and Rasul found the tutorials, were a great way to promote discussion on "patient centered care". All our educational talks are well received by students and tutors alike.

We thank our retiring committee members Claire McLinden, former Secretary, who helped us thought some tough administrative tasks and Allan Davidson our general committee member for their valued service to our group. The Committee extends thanks to our committee and our first-rate volunteers, who give up their time to help with our activities, events, projects and administration of our peer support group throughout the year.



Annie McPherson President

*Research:
Patient advocacy*



Treasurers Report 2016

I am pleased to present my first report as Treasurer and wish to thank our previous Treasurer and now Secretary, Vicky Genius, for her valuable assistance during the year.

AS Victoria holds almost \$15,000 of total assets at 30 June 2016, comprising \$ 1,869 in cash, \$ 5,514 in term deposit and \$ 7,443 in an isaver account. Our financial assets increased by almost \$ 2,000 during the year.

We have 78 registered members at the end of the year. Including 20 complimentary members.

Our main expenditure during the year related to the annual AS seminar and printing of our newsletter and other resources. Other major costs included PO Box and website expenses, subscriptions and postage.

During the year, our major source of funding was a \$ 2,710 grant from the Victorian Department of Health and Human Services (DHHS). We have applied for another grant of the same amount which should be received in the 2016-17 year. Other sources of income included membership fees and donations, seminar income and interest.

I look forward to another successful year in 2016-17.



Paul Fallon CPA Treasurer

AS Victoria Inc Financial Statements	2016 Year	2015 Year
ACCOUNT Balance (previous year)	\$ 12,886	\$ 13,514
Add INCOME		
Membership fees	775	1,225
Donations From Membership	232	385
Donations from Events	10	-
Grants & Other	2,710	2,322
Seminar Income	793	167
Interest	299	347
DVD Sales	0	15
Total	\$ 4,819	\$ 4,461
Less Expenditure		
Postage	206	357
Printing	585	428
Ink Cartridges	215	152
Stationery	36	58
PO Box / Web Site	356	305
Meeting Costs	405	439
Meeting Costs/Catering	409	414
Subscriptions	200	131
Gifts	42	-
DVD/Booklet Purchases	145	899
Miscellaneous *	280	1,907*
Total	\$ 2,879	\$ 5,090
BALANCE AT BANK	\$ 14,825	\$ 12,886
BANK RECONCILIATION		
Cash at bank	1,869	2,228
Term Deposit	5,513	5,371
iSaver/Classic	7,443	5,286
Unprocessed payments		
BALANCE AS ABOVE	\$ 14,825	\$ 12,886

* includes once off cost of signage and 10th Anniversary booklet

Coffee and Chat meetings



Promotion of Warm Water Exercise



SCHEDULE 1

(Regulation 15)

FORM 1

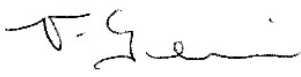
Associations Incorporation Act 1981
Sections 94(2)(b), 97(2)(b) and 100(2)(b)



ANNUAL STATEMENTS GIVE TRUE AND FAIR VIEW OF FINANCIAL POSITION OF INCORPORATED ASSOCIATION

We , Vicky Genius and Adam Collard, being members of the Committee of the Ankylosing Spondylitis Victoria Inc, certify that—

The statements attached to this certificate, give a true and fair view of the financial position of the Ankylosing Spondylitis Victoria Inc during and at the end of the financial year of the association ending on 30th June 2016

Signed: 

Vicky Genius

Dated: 26/07/2016

Signed: 

Adam Collard

Dated: 26/07/2016



Social Dinners



Astretch Newsletter

LINDSAY ILES & CO.

ABN: 57 957 081 787
Chartered Accountants

Principal: David L. Ackland FCA
A.C.I.M., F.T.I.A., A.C.I.S.

INDEPENDENT AUDIT REPORT TO THE MEMBERS OF ANKYLOSING SPONDYLITIS VICTORIA INC.

SCOPE

We have audited the Statement of Income and Expenditure being a special purpose financial report for the year ended 30th June 2016. The office bearers of the entity are responsible for the preparation and presentation of the Statement of Income and Expenditure. We have conducted an independent audit of the Statement of Income and Expenditure in order to express an opinion to the members of the Entity on its preparation and presentation.

Our audit has been conducted in accordance with Australian Auditing Standards. To provide reasonable assurance as to whether the Statements of Income and Expenditure are free of material misstatement. Our procedures included examination on a test basis of evidence supporting the amounts and other disclosures in the Statement of Income and Expenditure and the evaluation of the accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the Statement of Income and Expenditure is presented fairly in accordance with Accounting Standards and other mandatory professional reporting requirements so as to present a view of the entity which is consistent with our understanding of the results of its operation.

The audit opinion expressed in this report has been formed on this basis.

QUALIFICATION

As an audit procedure it was not practical to extend our examination to all sources of transactions beyond the accounting for amounts as shown by the books of the committee. Where some supporting documentation could not be sighted, the Secretary's assurances of these matters have been accepted.

AUDIT OPINION

In our opinion, subject to the effects on the Statements of Income and Expenditure of the matters referred to in our qualification paragraph, the Statements of Income and Expenditure present fairly in accordance with applicable Accounting Standards and other mandatory professional reporting requirements the financial position of Ankylosing Spondylitis Victoria Inc. as at 30th June 2016.


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DAVID ACKLAND, FCA
25th July 2016

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*Practical training for
medical students*



AS Victoria Inc Seminar October 2015 @ Austin Hospital: Dr Lionel Schachna addressing the participants

Arthritis information stand @ Austin Health, Repatriation Campus in the Tobruk Centre for Arthritis Awareness Week in March and Healthy Bones Week in August



AS Queensland PSG Coffee and Chat July 2015 @ Coolum Surf Club , Qld. Annie McPherson and Greg Johnson on the Right.





International Spondylitis Day
@ Berwick Inn May 2016.

North Fitzroy Arms Hotel Dinner @ Fitzroy February 2016 Left to Right -
Annie, Ellen, Mark, Kath & Andrew (hidden), Catherine, Rob, & Maria



South Gippsland Arthritis Support Group Seminar

April 2016- South Gippsland Arthritis Support Group (SGASG) held a Seminar at Korumburra Indoor Recreation Centre in conjunction with Move muscle, bone & joint health (formerly Arthritis Victoria) we had 85 attendees. Rheumatologist Dr Mano Thevathasan giving his speech to the gathering.





Move muscle, bone & joint health (formerly Arthritis Vic) May 2016 :

Annual Volunteer Celebration and Awards lunch - AS Victoria member Shayne van der Heide was presented with an Outstanding Service Award and gave a short talk on his journey with Mike McKenzie and the Make-A-Move-Ride project.

Linda Martin CEO Move

AS Victoria Inc Annual General Meeting 2015

@ Austin Hospital

Left to Right : Shayne van der Heide, Annie McPherson, Vicky Genius, Maria Makris , Allan Davidson, Paul Fallon, Claire McLinden and Adam Collard



Committee members of AS Victoria Inc 30 June 2016 -

Adam Collard (Vice President & Gippsland Region Representative)

- Member from 2006 , lives in Korumburra
- Local Government employee
- SGASG convener and Community volunteer

Annie McPherson (President)

- AS Victoria Inc founder and member from 2005, lives in Kew
- Retired IT- Business Analyst
- Community volunteer

Maria Makris (Committee Member)

- Founding member from 2005, lives in Doncaster East
- Secondary Teacher

Paul Fallon (Treasurer)

- Member from 2013, formerly Treasurer/Secretary 1990 to 1992, lives in Wheelers Hill
- Part-time financial and due diligence consultant to Government

Vicky Genius (Secretary)

- Member from 2011, lives in Northcote
- Retired Finance employee
- Community Volunteer

Candidate for the committee 2016/2017 Year -

Shayne van der Heide

- Member from 2015, lives in Wantirna South
- Tertiary Educator/ Manager
- SES & St John Ambulance Volunteer



Peer Support Meetings

AS Victoria Inc has support from and interaction with many organisations and individuals these are our main connections.

- Austin Health Spondylitis Clinic - Lionel Schachna (Rheumatologist)
- Ankylosing Spondylitis Group of Queensland
- Caulfield Community Health Services (CCHS) - Belinda Coulter (Physiotherapist)
- Chronic Illness Alliance
- Collective of Self Help Groups
- Donegan's Accountants
- Health Issues Centre
- Hydrohealth - Margaret Lewington (Physiotherapist)
- MBE Printing Services Kew
- Move muscle bone & joint health Ltd

International Bodies

- Ankylosing Spondylitis International Federation (ASIF)
- National Ankylosing Spondylitis Society (NASS) UK
- Spondylitis Association of America (SAA)



Promotion of exercise such as Nordic Walking

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